Cacodemonic Copulations

by Phil Hine
The subject of Incubi and Succubi and their visitations is rarely dealt with by modern magical writers, although they have been used time and time again by various hacks of the horror genre. Sex-Demons have been banished - either explained away as hallucination or junked as a product of Christian masturbatory mythos. Any occultists this side of the twentieth-century that do mention them, usually do so in the context of warning against traffic with such entities, believing that the dangers of loss of vitality or obsession is the inevitable result.

One of the few modern magical writers who does look at incubi and succubi (or, succubi and succuboiys), is William Burroughs:

...an incubus or succubus can be harmless, or it can be destructive. Like any sexual situation, the danger depends on how you handle it. All sex is potentially dangerous .... Our sexual feelings make us vunerable. How many people have been ruined by a sexual partner? Sex does provide a point of invasion and the succubi and incubi simply makes us intensely aware of this.
--from, A Report from the Bunker (V. Bockris.)

In the novel, The Place of Dead Roads, protagonist Kim Carsons enjoys several encounters with sex-demons:

He knew that the horror of these Demon Lovers was a gloomy Christian thing. In Japan there are phantom lovers known as fox maidens, and the man who can get his hands on a fox maiden is considered lucky. He felt sure that there were fox boys as well. Such creatures could assume the form of either sex.

According to Burroughs, peoples attitudes towards these beings may change, but such visitations are probably more frequent than most people suppose. He classes them as a type of familiar (they certainly are!) and notes that, like animal or elemental familiars, they are dependent on a relationship with a human host for their own development. Similar ideas can be found in the Kaula school of Tantrika, where there are rites for contacting such beings. The general approach is that you fuck them and they do you a favour in return. Burroughs speculates on the possibilities of increased frequency of contact between humans and sex-demons:

Sex is physics. If anyone could push a button an receive an incubus or succubus, I believe that most people would prefer a phantom partner than the all-too dreary real thing.
--From The Report from the Bunker.
So How do you Go About Aquiring a Demon Lover?

The Liminal Gnosis

Playing with such entities generally falls into the class of magical technique known as Evocation, and a form of Gnosis which is often the most effective is the so-called Liminal state, when one is half-asleep, half-awake. The body is completely relaxed, either from a relaxation exercise, or physical exhaustion; yet the mind is clear, and you simply allow images and sounds to arise before you. If you can learn to enter and prolong this state, then it is very useful for scrying, dream control or virtual (astral) explorations.

Erotic Evocation

To prepare for the Evocation of a Demon Lover, seek to inflame yourself through all possible modes of sensory stimulation - books, films, pornographic material, the diffusion of perfumes that have erotic association, body massage, masturbation without orgasm - any technique which serves to heighten your sexual arousal globally - that is, without being directed to any particular individual (real or imaginary).

The Evocatory scenario is a progression of intense sessions which may begin as follows:

1. Lie naked on your bed - the room is in darkness, but for the glow of a single candle. You have bathed and relaxed yourself. Seductive perfumes are diffused throughout the room and you have prepared the space as though you are about to receive a lover. Slowly, begin to caress yourself, intensely feeling each touch, each shiver of pleasure; imagining that the touch comes from an invisible lover who hovers above you. Concentrate at first on secondary erogenous zones when inflaming yourself, and stay as relaxed as possible. Any significant dream-images that follow such a session should be recorded.

2. Repeat this experience, gradually allowing yourself to become increasingly excited, and slowly visualize the build-up of a shadowy form - fingers, lips, breast, thighs - parts of the lovers body which come into fleeting contact with your own. As you repeat the experience, associations will form between sensory stimuli and it can be helpful if you can create a special scent which, while having erotic associations, is unique for this operation. You should also take care to note any particular body postures and gestures (caresses) that you find yourself making - these can act as sensual asanas and mudras for the operation.

3. The final session of this sequence proceeds as above, but slowly allow yourself to approach orgasm. If you are experienced enough, and in touch with your body enough to allow yourself to hover on the brink of orgasm for as long as possible, then so much the better. As you approach orgasm, begin to vocalise love-noises, letting these sounds become glossolalia - until a distinct sound (it may or may not be an actual word) begins to repeat itself through you. As you attain orgasm, project this sound into the shadow-form above you, and see the shadow-form becoming distinct and clear. You may find that details of the entity which have been hitherto indistinct, will become clear in the illuminating flashes of orgasm. Sexual fluids released in this working can form the basis of a material sigil, but this is optional.
Now that You've Evoked me here, what are we going to do?

Having gone through the process of evoking a Demon Lover, what can you actually do with them? The first point to consider is the states in which interaction with the entity takes place. What little magical writing there is on the subject tends to concentrate on Dream Magick, but it is also possible to continue using the Liminal Gnosis and, an often-undervalued area of magick, Working with Mirrors. There is also the possibility of Invocatory work with Demon Lovers.

Dream Yoga

Once you have evoked your demon lover, you can choose to interact with it through dreams. One of the easiest techniques of Dream Control is to use a sigil. Since Im sure most people are familiar with the basics of Sigil Magick, I will merely draw your attention to the point that a sigil need not be either a glyph or mantra, but can also take the form of a scent, or sequence of images. You can use earlier practice in the Liminal Gnosis to launch a sigil to meet your Demon Lover in your dreams. You could even try and key the appearance of the entity to the triggering of a Lucid Dream.

Liminal Gnosis

If your earlier practice has been successful, you will already have some experience of the Liminal Gnosis. Sexual Arousal is but one of the entry-routes into this state, and you might try and find other routes. Interaction with the Demon-Lover can be made in this state, and you might find here that you get dreams which follow-through the encounter.

Mirror-Magick

The Liminal Gnosis can be enhanced by the use of a mirror. The use of reflective surfaces for interacting with entities has a long and venerable history, ranging from shamanic practices among the Moari, Pawnee and Nkomis of Africa, to the explorations of Dr. John Dee. Demon-Lovers may be summoned into a mirror, where they may be cross-examined. A cautionary note here is that Dr. Dee made the claim that from time to time, one of the spirits he contacted - a young girl called Midimi - would emerge from his scrying crystal and cavort about his study This could have interesting possibilities when working with a Demon Lover!

Whichever states you choose to explore, the next consideration is of course, what you are going to do. Well, the very act of experimenting with this approach should in itself be instructive, and at the very least, enjoyable. However, the following applications for Demon Lover work include:

Enchantment

Here, you are basically forming a Pact with the entity - using it as you would use any other kind of Sorcery Servitor - you fuck it and it carries out its assigned task (which is not necessarily confined to the sphere of sexuality). One technique is to seed the entity with a sigil, which will gestate within the body of the entity, in a similar manner to a wishing box.

Illumination

According to Austin Osman Spare, desires are spirits that wish to incarnate. You can
deploy a Demon Lover to assist you with the formulation of an Alphabet of Desire, wherein each sacred letter can become a sex-demon in itself, to be used in acts of self-exploration and self-modification. Your Demon Lover can assist you in recognizing, binding, and integrating the hidden demons of your psyche which relate to sexuality and other primal drives.

Divination

Divinatory applications include dream-oracles, or flash-gnooses which may extend into the waking state. You may find, for example, that, following a request for a dream-oracle, your demon lover only gives you half the key, as it were. The other half is waiting in the waking world - some incident that sparks a moment of gnosis in which you realise the link between thought/emotion and some physical object or situation. Oracles are rarely straight-forwards.

Invocation

Traditional magical theory (such as it is) tends to frown on invoking entities such as Demon Lovers, as they are not considered to have enough of a developed persona to make it worthwhile. However, long-term magical use of such an entity does tend to build up the appearance of an independent persona, particularly if you make careful note of any quirks, personality traits, or mannersims that the entity seems to be displaying. I see no reason why, at some stage, you shouldnt try invocatory work with a Demon Lover. It could be instructive, if only for shifting latent sexual selves into the directors chair of the Ego.

A Word of Warning

The practice of intercourse with Demon Lovers is not without its dangers. The most obvious of these is obsession. In its broadest sense, obsession is the term we apply to a situation where the magician has relinquished will to an entity (usually of his own creation). Obsessions with a sexual component are particularly difficult to deal with - anyone who has has an obsessional crush on someone else will know what I mean. Sex, like anything else, can become an addiction which erodes the will. Intercourse with Demon Lovers is no exception, so self-discipline at all times, is important. Although a Demon Lover can generate a great deal of fascination and erotic tension, this should only be employed as a source of gnosis and magical work, and not allowed to get out of control. It can be useful to only use the entity for specific projects, and then, at staggered intervals. Intercourse with these entities can be exhausting. This is not so much due to any vampiric quality on their part, but is related to working in unusual states of consciousness - similar problems arise with extended astral, dream, or liminal work.

Another problem relating to this work is also fairly obvious - that the Demon Lover becomes a substitute for a physical partner. As with any relationship between human and entity (be it demon or deity), it is useful to assume its independent existence - if only during the interaction. However, I have seen warnings in a variety of magical grade papers that hint of the dire consequences of giving these entities the same regard that you would a human lover. By the same token, conjuring a Demon Lover for the precise reason that you lack a human lover is tantamount to inviting obsession, with all the attendant problems. As success with this technique requires an appreciation of your own sensuality, bodily awareness, sexual feelings and orgasmic response, it should not
be attempted by the overly frustrated, or the sexually inept or inexperienced.

This practice should also lead to a wider appreciation of your sexual being and possible range of sexual identities. If you have sealed disturbing elements of your sexuality behind blocks, then you might well find that this practice leads you into a situation where you have to confront these experiences. This may not be pleasant, but can be, if you allow it, instructive, and possibly healing.

If, for whatever reason, you do find that working with a Demon Lover brings up problems that you find difficult to handle, then there are basically three strategies which can be brought up. The first is to perform a thorough Banishing of the area you are using for this practice (i.e. bedroom). Secondly, you can evoke the entity and confine it into a spirit trap such as a triangle, bottle, or crystal, and ritually re-bind it to your will. Thirdly, there is the option of reabsorption, which can be performed as a ritual or within the Liminal Gnosis. The simplest approach here is to take back the entities name, destroy any material base, visualise the emotions/sensations/abilities you may have bestowed upon it as withdrawing back into your body and finally (and this can be difficult) denying it any sexual response or erotic association. Then, go and have a cold shower.